



## 124 KOBIGAAJER

**Preparation time:**

20-25 minutes

**Cooking time:**

35-45 minutes

Serves 4

**Calories:**

250 per portion

**YOU WILL NEED:**

85 ml/3 fl oz oil

1 tablespoon cumin seeds

450 g/1 lb white cabbage, finely  
shredded

225 g/8 oz carrots, diced

1 tablespoon ground coriander

1 teaspoon chilli powder

2 teaspoons salt

1 x 225 g/8 oz can tomatoes, chopped  
with the juice

5-6 sprigs fresh coriander leaves,  
chopped, to garnish

Heat the oil in a large pan, add the cumin seeds and fry until